CTSC VITAL Clinic Day Schedule

9:00 AM  Welcome and consent
9:20 AM  Urine specimen
9:30 AM  Blood pressure, pulse, baseline blood
9:45 AM  Glucose drink (0 min)
9:50 AM  Height, weight, waist, and hip measurements
          Mood/well-being/hearing self-report forms
10:15 AM First post-glucose (30 min) Oral Glucose Tolerance Test (OGTT),
          blood collection
10:20 AM Mini International Neuropsychiatric Interview (MINI)
10:45 AM Second post-glucose (60 min) OGTT blood collection
10:50 AM Electrocardiogram, Modified Mini-Mental State Exam (3MS)
11:45 AM Third post-glucose (120 min) OGTT blood collection
11:50 AM Lunch
12:15 PM TECH: Doppler echocardiography
1:00 PM  Assessment of physical performance (timed walk, chair stands,
          grip strength, Timed up and go)
1:30 PM  Spirometry
2:00 PM  Dual X-ray Absorpiometry (DXA)
2:30 PM  peripheral Quantitative Computed Tomography (pQCT);
3:15 PM  Appointment ends (spirometry data upload, exam room clean-up,
          etc.)

*Optional studies for CTSC subjects. HTN and hr_pQCT